16% ICE CREAM MIX

INGREDIENT LIST:
Milkfat, Nonfat Milk, Sugar, Buttermilk, Mono & Diglycerides, Cellulose Gum, Carrageenan

Contains Milk.

Nutrition Facts
Serving Size (100g)
Servings Per Container

Amount Per Serving

Calories 240 Calories from Fat 140
% Daily Value *

Total Fat 16g 25%
Saturated Fat 11g 54%
Trans Fat 0g
Cholesterol 40mg 14%
Sodium 70mg 3%
Total Carbohydrate 20g 7%
Dietary Fiber 0g 0%
Sugars 19g

Protein 4g

Vitamin A 10% • Vitamin C 2%
Calcium 15% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories: 2,000 2,500

Total Fat Less than 65g 80g
Saturated Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g

Calories per gram:
Fats 9 • Carbohydrate 4 • Protein 4