DAIRY-MIX, INC.
EST. 1948

Updated: 4/19/2016

FAT FREE VANILLA YOGURT MIX

INGREDIENT LIST:
Water, Nonfat Dry Milk, Sugar, Corn Syrup, Maltodextrin, Glycerin, Mono & Diglycerides, Cultured Whey Protein, Cultured Skim Powder, Guar Gum, Cellulose Gum, Carrageenan, Vanilla Flavor

Contains Milk.

Nutrition Facts

Serving Size (100g)
Servings Per Container

Amount Per Serving

Calories 120	Calories from Fat 0
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 100mg	**4%**
Total Carbohydrate 25g	**8%**
Dietary Fiber 0g	**0%**
Sugars 19g	
Protein 5g	

Vitamin A 0%	•	Vitamin C 4%
Calcium 20%	•	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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